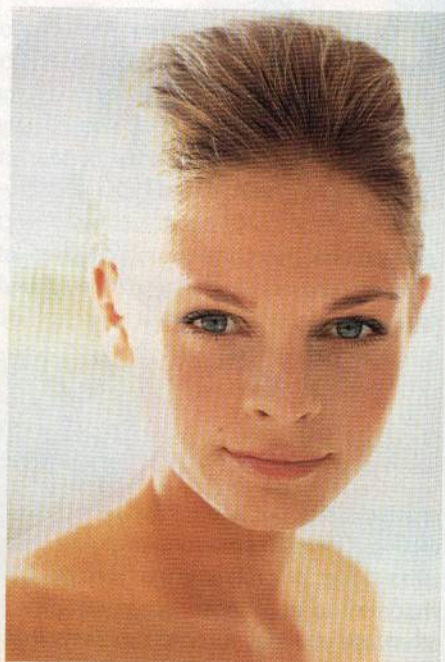


# ATLANTA *Beauty*



and pretty, and their clothes fit better.”

**“WITH THE RETURN OF SILICONE BREAST IMPLANTS, PLASTIC SURGEONS CAN INDIVIDUALIZE EACH PATIENT’S SURGERY WITH AN UNPRECEDENTED AESTHETIC RESULT.”**

Issues of weight, both gain and loss, are things any woman who has been pregnant can certainly appreciate. With these women in mind, Dr. Amy Simon, founder of Aesthetic Specialists of Atlanta, offers the “Mommy makeover,” a procedure, or combination of procedures, to help them recapture their pre-pregnancy figure. Dr. Simon explains, “The main issues are weight gain, followed by weight loss, and swelling and involution of the breasts after pregnancy and breastfeeding. This can result in excess skin in these areas, as well as remaining fatty tissue.” Since the effects are on the breasts, abdomen, and entire lower body, more than one procedure might be required, including a breast lift (with or without augmentation to restore lost volume), abdominoplasty (tummy tuck) to address weak abdominal muscles and hanging skin, and liposuction for contouring. Dr. Simon says the results are marked: “These ladies feel more confident